



HUGHSTON

SOCIETY

Dear Hughston Society member,

Please accept this message as my personal invitation to attend the Hughston Society Meeting, April 21-23, 2022, at the Hughston Foundation in Columbus, GA. Over the past two years, the program committee has worked diligently to craft an outstanding scientific program in addition to social events and diversions for you and your family. Program information, lodging information, and registration form are included for your convenience.

The biennial meeting is the heart and soul of the society membership. As we all share the common bond of having trained at one of the premiere sports medicine programs in the US, it provides a unique opportunity to connect with old colleagues and establish new friends. In recent years, our organization has made tremendous strides to improve membership engagement and participation, and our current mission is to thrive, not just survive. A robust turnout for the upcoming Society meeting is therefore essential to fulfill these initiatives.

Program highlights include dinner and awards at the National Infantry Museum on Friday night. The panel of speakers is impressive with a host of past presidents of the AAOSM and AAOS leadership. A list of confirmed speakers includes; Anthony Miniaci, MD, from Cleveland Clinic Sports Health Center, Brian J. Cole, MD, MBA, who practices at Midwest Orthopaedics at Rush, Dr. James Andrews from the Andrews Institute, Col(R) Francis G. O'Connor, MD, MPH, a leader over 25 years in sports medicine, education, and research with the military, and a host of other nationally acclaimed orthopaedic and rehabilitation specialists within the US. I wholeheartedly encourage all of you to attend.

Whether you trained at Hughston Clinic long ago or much more recently, you will find a great deal to admire on campus and in Columbus. For starters, the Foundation building, which has been renovated, features a state-of-the-art clinical teaching lab, library, and Hughston museum. Moreover, the city of Columbus is part of a thriving commercial and residential district. Downtown offers many new up-scale restaurants, a performing arts center, and an exciting nightlife. The Chattahoochee River area has been reconfigured as a prestigious urban whitewater center, offering all levels of whitewater rafting expeditions. For those who prefer to stay dry, a spectacular aerial zip line offers breathtaking transport across the river and interstate line from Georgia to Alabama. Additionally, the National Infantry Museum and IMAX Theater rivals the Smithsonian in quality and Columbus State University's Coca-Cola Space & Science Center offers a great destination for a family outing.

Please accept this invitation to attend the upcoming 2022 meeting. Then mark your calendar and plan to spend time with colleagues, family, and friends in an intimate setting with orthopaedic legends from your alma mater, the Hughston Clinic. The meeting promises to provide a relaxed atmosphere and interactive environment for learning. We sincerely hope to see y'all there.

With warmest regards,

Patrick J. Femicola, MD  
President

[www.hughstonsociety.org](http://www.hughstonsociety.org)

6262 Veterans Parkway • P.O. Box 9517 • Columbus, Georgia 31908 • 706-494-3326



# HUGHSTON SOCIETY

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**BIENNIAL MEETING, APRIL 21 - 23, 2022**

THE HUGHSTON FOUNDATION - COLUMBUS, GA

## MEMBER REGISTRATION FORM

*Please complete this form and return by **March 21, 2022**.* This is a family-friendly event. There is no registration fee and CMEs will be provided at no additional cost. The financial support for this event and the society has been made possible through membership dues, which must be current for attendance.

Name \_\_\_\_\_ Guest name(s) \_\_\_\_\_

Address \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

**I plan to attend: (please check all that apply) \*\*Note Social Event details on page 7:**

- April 21<sup>st</sup> **Scientific Meeting** 1:00pm - 5:30pm
- April 21<sup>st</sup> **President's Reception** at the Hughston Foundation 6:00pm  
Number of people attending \_\_\_\_\_
- April 22<sup>nd</sup> **Scientific Meeting** 8:30am - 4:30pm
- April 22<sup>nd</sup> **Dinner and Awards at the National Infantry Museum** 6:00pm  
Number of people attending \_\_\_\_\_
- April 23<sup>rd</sup> **Scientific Meeting** 8:30am - 12:30pm
- April 23<sup>rd</sup> **Barbecue Lunch** at the Hughston Foundation 12:30pm  
Number of people attending \_\_\_\_\_

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**Please return form to Belinda Klein:** [bklein@hughston.com](mailto:bklein@hughston.com) or Fax: 706-494-3379  
Or mail to: Hughston Society, Attn: Belinda Klein, P.O. Box 9517, Columbus, GA 31908-9517  
For additional information call: 706-494-3326

# 2022 HUGHSTON SOCIETY MEETING

## BOARD OF DIRECTORS

### PRESIDENT

Patrick J. Fernicola, MD

### PRESIDENT ELECT/PROGRAM CHAIR

David Higgins, MD

### EXECUTIVE DIRECTOR

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### SECRETARY/TREASURER

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### EXECUTIVE SECRETARY

Belinda Klein, MA

### EXECUTIVE COMMITTEE MEMBERS AT LARGE

James D. Spearman, MD

Reuben Sloan, MD

### PROGRAM COMMITTEE

Barney Poole, MS, PT, ATC

Reuben Sloan, MD

### NOMINATION COMMITTEE

Chairman - Champ L. Baker, Jr., MD

Scott Williams, MD

Carlton G. Savory, MD

### MEMBERSHIP COMMITTEE

David L. Higgins, MD

Timothy Beals, DO (Resident representative)

James D. Spearman, MD

## SPECIAL GUEST SPEAKERS

### Presidential Guest Speaker

Anthony Miniaci, MD

### Foundation Guest Speaker

Brian J. Cole, MD, MBA

### Hughston Legacy Speaker

James Andrews, MD

### Hunter Memorial Lecture

Col(R) Francis G. O'Connor, MD, MPH

## CME CREDITS

Approximately 14 AMA Category I CME credits will be offered to attendees and speakers.

*Certificates will be emailed individually after the meeting.*

## GENERAL PROGRAM

THURSDAY, APRIL 21st

1:00pm Welcome

1:15pm Hughston Update

1:45pm **Shoulder Section**

Anatomy dissection

Anatomy and Radiology Cases

Shoulder Trauma

*Presidential Guest Speaker -*

Anthony Miniaci, MD

Shoulder talks

Shoulder PT

Panel Discussion

6:30pm - President's Welcome Reception

FRIDAY, APRIL 22nd

7:30am Business Meeting

8:50am **Knee Section**

Anatomy dissection

Anatomy and Imagery Cases

Knee Trauma

*Hughston Legacy Speaker -*

James Andrews, MD

*Foundation Guest Speaker -*

Brian J. Cole, MD, MBA

Knee PT

Panel Discussion

12:20pm Lunch break

1:15pm **Primary Care Section**

*Stephen Hunter Memorial Lecture -*

Col (R) Francis G. O'Connor, MD, MPH

1:45pm Primary care talks

3:40pm Panel Discussion

6:00pm Dinner & Awards at the National Infantry Museum

SATURDAY, APRIL 23rd

7:30am Business Meeting

8:30am **Hip Section**

Anatomy dissection

Anatomy and Imagery Cases

Hip Trauma

Hip talks

Hip PT

Panel Discussion

12:30pm Adjourn/Lunch break

## 2022 GUEST SPEAKERS

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### **Presidential Guest Speaker - *Anthony Miniaci, MD***

Anthony Miniaci, MD, is a staff physician at Cleveland Clinic’s Center for Sports Health in Cleveland, Ohio as well as at Cleveland Clinic Canada’s Sports Health Team in Toronto. In Canada, he provides orthopaedic consultations to patients who have knee and shoulders issues that may require surgery.

Dr. Miniaci attended medical school at University of Western Ontario and practiced in Toronto, Ontario, Calgary, Alberta and Bern, Switzerland before becoming a staff physician at Cleveland Clinic’s Centre for Sports Health in Cleveland, Ohio. While in Cleveland, Dr. Miniaci has been the head team physician for the Cleveland Browns and has treated athletes from all of over world. While practicing in Canada, he was a full professor at the University of Toronto, an active member of the Canadian Orthopaedic Association, an orthopaedic consultant for the Toronto Blue Jays and team physician for the London Tigers Baseball Club.

Dr. Miniaci brings a wealth of experience and expertise to patients and has received top medical accolades and research grants from a variety of prestigious organizations. Most recently, Dr. Miniaci was ranked in the top 1% of orthopedic surgeons in the United States by *U.S. News and World Report*.



### **Foundation Guest Speaker - *Brian Cole MD***

Dr. Brian Cole is an orthopedic sports medicine surgeon at Midwest Orthopaedics at Rush and a professor of orthopaedics, Anatomy and Cell Biology at Rush University Medical Center. Dr. Cole is managing partner of Midwest Orthopaedics and is the department’s associate chairman and the section head of the Cartilage Research and Restoration Center.

He received an MD and MBA from the University of Chicago, completed his orthopedic residency at the Hospital for Special Surgery at Cornell Medical Center, and a sports medicine fellowship at the University of Pittsburgh. His professional career outside of academia includes serving as team physician for the Chicago Bulls, co-team physician for the Chicago White Sox, and a team physician for the Chicago Fire, Chicago Dogs, and DePaul University. He has served as co-host for 10 years on the radio talk-show Sports Medicine Weekly originally on ESPN and currently on 670 TheScore – Chicago Sports Radio.

He is the Chairman of Surgery at Rush Oak Park Hospital and leads the Rush Orthopedic Master’s Program. Dr. Cole is the 2020 President of the Arthroscopy Association of North America. He also holds several other leadership positions in national and international orthopedic societies.

Honors awarded to Dr. Cole range from the “Best Doctors in America” since 2004 and “Top Doctor” in Chicagoland since 2003. In 2006, he was featured on the cover of *Chicago Magazine* as “Chicago’s Top Doctor.” In 2009, he was selected as NBA Team Physician of the Year and *Orthopedics This Week* has named Dr. Cole as one of the top 20 sports medicine, knee and shoulder specialists repeatedly over the last 5 years as selected by his peers.

Dr. Cole’s research interests include cartilage restoration, therapeutic biologics and regenerative medicine, and minimally invasive surgical techniques for the treatment of the knee, elbow, and shoulder. He has published more than 1,000 articles and 8 textbooks on orthopedic surgery and sports medicine, has lectured nationally and internationally on more than 2,000 occasions and has appeared as an expert on several TV documentaries.





### **Hughston Legacy Speaker - James R. Andrews, MD**

Dr. James Andrews is one of the founding members of Andrews Sports Medicine and Orthopaedic Center in Birmingham, AL. He is also co-founder of the American Sports Medicine Institute (ASMI) a non-profit institute dedicated to injury prevention, education, and research in orthopaedic and sports medicine. Dr. Andrews continues to serve as chairman of the board and medical director of ASMI. Dr. Andrews is also a founding partner and medical director of the Andrews Institute in Gulf Breeze, FL. He is president and chairman of the board of the Andrews Research and Education Foundation also dedicated to prevention, education, and research at the Andrews Institute.

Dr. Andrews is known and recognized for his skills as an orthopaedic surgeon as well as his scientific and clinic research contributions in knee, shoulder, and elbow. In addition, he has made major presentations around the world, and has authored numerous scientific articles and books.

Dr. Andrews graduated from Louisiana State University (LSU) in 1963, completed LSU School of Medicine in 1967 and completed his orthopaedic residency at Tulane Medical School in 1972. He had surgical fellowships in sports medicine at the University of Virginia School of Medicine in 1972 and at the University of Lyon, Lyon, France in 1972.

Dr. Andrews is a member of the American Board of Orthopaedic Surgery and the American Academy of Orthopaedic Surgeons. He is the Past President of the American Orthopaedic Society for Sports Medicine and also served on that board as its treasurer and its secretary. He has served on the board of directors of the Arthroscopy Association of North America as well as the International Knee Society. At present, Dr. Andrews serves as medical director and orthopaedic surgeon for Auburn University Intercollegiate Athletics and Senior Orthopaedic Consultant at the University of Alabama. Dr. Andrews serves on the Medical and Safety Advisory Committee of USA Baseball and on the Board of Little League Baseball, Inc.



### **Hunter Memorial Speaker - Colonel Francis G. O'Connor, MD**

COL(R) Francis G. O'Connor is the recipient of multiple military awards including the Order of Military Medical Merit and the Army "A" Proficiency-designator. He graduated from the Army Command and General Staff College in 2001; he was selected for AOA academic recognition in 2005. His military medals include the Defense Meritorious Service Medal with Oak Leaf Cluster, the Meritorious Service Medal with Oak Leaf Cluster, the Joint Army Commendation Medal with Oak Leaf Cluster, the Military Outstanding Volunteer Service Medal and the Parachutist Badge. Dr. O'Connor is additionally the recipient of several civilian awards for excellence in sports medicine research and education including the Korey Stringer Institute's Lifesaving Research Award, presented by the NFL and Gatorade in 2012, an ACSM Citation Award in 2016, and the American Medical Society of Sports Medicine Founder's Award in 2017.

COL O'Connor graduated from the United States Military Academy in 1981 with a Bachelor of Science degree. Dr. O'Connor earned his degree in Medicine from the State University of New York, Syracuse in 1985, and obtained a Master's in Public Health from Uniformed Services University of the Health Sciences (USUHS) in 2005.

He completed a residency in family medicine at St. Joseph's Hospital Health Center in Syracuse, NY in 1988, and a sports medicine fellowship at the Nirschl Orthopedic and Sports Medicine Center, Arlington, VA in 1992. He is board certified in family medicine, sports medicine, and musculoskeletal ultrasound. He is currently the medical director, Consortium for Health and Military Performance, and a professor in the Department of Military and Emergency Medicine, USUHS.

COL O'Connor has been a leader in sports medicine education and research with the military for over 25 years. He has authored over 100 peer reviewed articles in scientific journals and numerous book chapters/technical reports/health promotion resources for the military. In addition, Dr. O'Connor is the editor of 10 texts on sports medicine including, the *Textbook of Running Medicine*, and *Sports Medicine for the Primary Care Physician 4th Edition* and *ACSM's Sports Medicine: A Comprehensive Review*. He is considered an authority on running injuries and a subject-matter expert in the areas of exertional heat illness and exertional rhabdomyolysis.



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## TRANSPORTATION INFORMATION

### AIR AND GROUND OPTIONS

#### **Hartsfield-Jackson Atlanta International Airport**

- Most major air providers
- 90 minutes from Hughston campus

#### **Columbus Airport**

- Serviced by Delta Airlines
- 15 minutes from Hughston campus

#### **Groome Transportation (Shuttle Service) - (706) 324-3939**

<https://groometransportation.com/columbus/#gt-columsched-1>

- Accessible from Hartsfield-Jackson Atlanta International Airport
- 16 round-trips, 7 days a week
- \$82 round-trip
- 5 minutes from Hughston campus

**Uber** - now available in Columbus

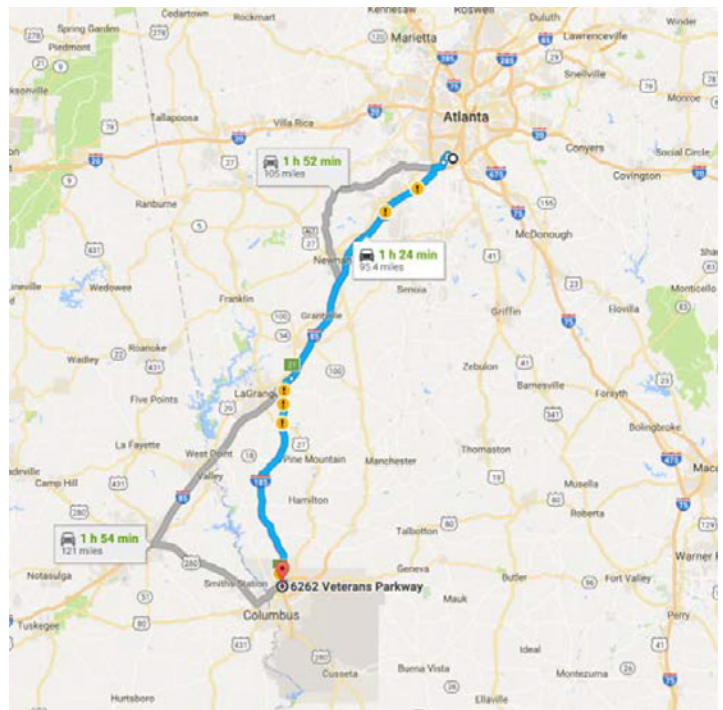
#### **Rental Car Companies**

##### *Servicing Columbus and Atlanta airports*

- Avis
- Budget
- Enterprise
- Hertz
- National

##### *Servicing Atlanta Airport only*

- Advantage
- Atlanta Dollar
- EZ
- Payless
- Atlanta Thrifty



# HUGHSTON SOCIETY MEETING DETAILS

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## SOCIAL EVENTS INFORMATION

Thursday, April 21<sup>st</sup>

**6:00pm - President's Welcome Reception at the Foundation**

A fine cigar or wine and tasty hors d'oeuvres, there is something for everyone to enjoy at the President's Reception. Come reconnect with old friends and gather informally with speakers after the opening session and be sure to stop by and place your bid on one of the unique auction items. (Cash only for cigars)

Friday, April 22<sup>nd</sup>

**6:00pm - A Night at the Museum**

Join us at the National Infantry Museum for an evening of fine dining, socializing and recognitions. Our honored guests **Gail Cohn** and **Reuben Sloan, MD**, will discuss the military experiences their father's had during World War II and how their incredible stories cross paths. The World War II section and the Last One-hundred Yards will be open for viewing.

Saturday, April 23<sup>rd</sup>

**12:30pm - Barbecue Lunch at the Foundation**

Join us for lunch immediately after the closing session.

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## LODGING INFORMATION

*Deadline for block room rates varies, please see dates by each hotel listing below.* Bookings after this date are subject to price changes and based on each hotel's room availability. **Please mention Hughston Society or follow booking links below for each hotel to receive discounts at the following hotel locations:**

Hilton Garden Inn (Closes April 7th)

1500 Bradley Lake Blvd.

Columbus, GA 31904

Phone: 706-660-1000

booking link: [https://hiltongardeninn.hilton.com/en/gi/groups/personalized/C/CSGGHGI-HUGH22-20220421/index.jhtml?WT.mc\\_id=POG](https://hiltongardeninn.hilton.com/en/gi/groups/personalized/C/CSGGHGI-HUGH22-20220421/index.jhtml?WT.mc_id=POG) (Group code: HUGH22)

\$109 + tax per night

Home2Suites by Hilton (Closes April 8th)

1664 Whittlesey Road

Columbus, GA 31904

Phone: 877-646-6302 or hotel direct 706-257-6931

booking Link: <https://www.hilton.com/en/book/reservation/rooms/?ctyhocn=CSGBPHT&arrivalDate=2022-04-21&departureDate=2022-04-23&room1NumAdults=1&cid=OM%2CWW%2CHILTONLINK%2CEN%2CDirectLink&IEcopy=true>

\$109.00 + tax per night

DoubleTree by Hilton (Closes April 8th)

5351 Sidney Simons Blvd

Columbus, GA 31904

Phone: 706-256-6868

booking Link: <https://www.hilton.com/en/book/reservation/deeplink/?&ctyhocn=CSGDTDT&groupCode=CDTHS B&arrival=20220421&departure=20220424&cid=OM,WW,HILTONLINK,en,DirectLink&fromId=HILTONLINKDIRECT>

\$124.00 + tax per night

Hyatt Place Columbus North (Closes April 8th)

2974 North Lake Parkway

Columbus, GA 31909

Phone: 706-507-5000

booking link: [https://www.hyatt.com/en-US/hotel/georgia/hyatt-place-columbus-north/csgzc?corp\\_id=G-HS22](https://www.hyatt.com/en-US/hotel/georgia/hyatt-place-columbus-north/csgzc?corp_id=G-HS22)

(Group code: G-HS22)

\$84.00 + tax per night

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[www.hughstonsociety.org](http://www.hughstonsociety.org)



## LOCAL ATTRACTIONS



### **Experience the National Infantry Museum and Soldier Center at Patriot Park**

Here you can trace the footsteps of the Infantryman from the Revolutionary War to events in the Persian Gulf and battles in between. Visitors can see displays of edged weapons, uniforms, and vehicles of the U.S. Infantry. While you're here you can experience a movie in the IMAX Theater or have target practice in the virtual rifle range. The museum includes a gift shop and the Fife and Drum restaurant.

### **Discover Oxbow Meadows Environmental Learning Center**

Tread lightly amid native flora and fauna at Oxbow Meadows, where nature takes its course. Ramble among ponds and vegetation where butterflies, birds, turtles, and dragonflies—and the occasional snake or two—reign supreme. Get hands-on at the Environmental Learning Center and experience the region's natural history.



### **Historic Westville**

Westville redefines "living history" by providing experiences that transform the way we think about the past and remind us that history lives in our thoughts, actions, and understanding of the present. Through exhibits, live interpretations, demonstrations, and hands-on activities, you can curate your own museum experience. Westville is an accumulation of nearly a century of preserving the past. Westville covers the entire 19th century and is organized into four interpretive areas, designed to examine diverse experiences due to race, class, and gender.

### **Blast Off at the CSU Coca-Cola Space Science Center**

Walk into the Space Center and discover a universe of cosmic wonder and high tech exploration. Travel to unknown worlds through NASA exhibits and interactive displays that educate as well as entertain. Visitors of all ages find themselves right in the middle of the action. Experience the unique, state-of-the-art Omnisphere Planetarium Theatre with feature programs, laser concerts, star shows, and children's films. Team building is at its best with a customized "Mission to Mars".



### **Set Sail at the National Civil War Naval Museum at Port Columbus**

The nation's only Civil War Naval Museum gives visitors a chance to discover the most pivotal period of naval history. Featured exhibits—follow Admiral Farragut onto a replica of his flagship, USS Hartford. Go below deck and see where the sailors slept, ate, and passed time. The famous ironclad CSS Albermarle and brace yourself for combat. Then, stand at the bow of the CSS Jackson and view the 225-foot long hull of the largest surviving scratch-made ironclad in the world.

### **Be Starstruck at the Springer Opera House**

Also known as the State Theatre of Georgia, the Springer Opera House has been a leading Southern cultural institution for over 135 years. As you stroll from the gaslit street into the splendid Edwardian Grand Lobby, you can easily imagine the 19th Century merchants, tradesmen, farmers, steamboat passengers, and arts patrons streaming into the theatre eager to catch their first glimpse of Oscar Wilde, Ma Rainey, or Lillie Langtry.



### **Columbus, GA, Whitewater**

The world's longest urban whitewater course flows through Uptown—the original heart of Columbus. This course includes class 3 and 4 rapids over 2 miles and takes you past historic downtown and along the banks of Georgia and Alabama. This river restoration project provides excellent whitewater conditions, but also re-establishes the natural habitat of many indigenous species, including the shoal bass, fresh water mussel, and spiderlilly. Enjoy the Blue Heron Adventure as well; a dual zip-line across the Chattahoochee River!