



THE HUGHSTON FOUNDATION

The Hughston Foundation is providing athletic trainers with a one day opportunity to earn up to 4 Category A continuing education credits.

WHEN

December 4, 2021

SCHEDULE

7:30 AM – 8:00 AM	Registration
8:00 AM – 8:30 AM	Derek Woessner, MD – Wavi & Concussion Update
8:30 AM – 9:00 AM	Travis Benn, DPT – Concussion Rehab
9:00 AM – 9:30 AM	Brent Ponce, MD – Shoulder Surgical Update
9:30 AM – 10:00 AM	Rob Hopkins, DPT – Shoulder Rehab Update
10:00 AM – 10:30 AM	Break and Sponsor Time
10:30 AM – 11:00 AM	R. Lee Murphy, Jr., MD – ACL Surgical Update
11:00 AM – 11:30 AM	Travis Benn, DPT – ACL Rehab
11:30 AM – 12:30 PM	Andy Grubbs, ATC – Emergency Planning in Athletics
12:30 PM	Lunch and Sponsor Meet and Greet

WHERE

The Hughston Foundation
6262 Veterans Parkway
Columbus, GA 31909

FEES

No charge for this event

REFUND

No fees for this event

REGISTRATION

Email agrubbs@hughston.com to reserve a spot



The Hughston Foundation (P420) is recognized through the BOC as a continuing education provider. According to the educational levels described by the PDC the following continuing education course is considered to be essential.

DECEMBER 4TH LEARNING OBJECTIVES:

Derek Woessner, MD – Wavi & Concussion Update

> Review mechanism, signs, and symptoms of concussion
> Discuss evaluation techniques
> Provide overview and demo of Wavi

Travis Benn, DPT – Concussion Rehab

> Overview of benefits of concussion rehab
> Discuss methods of concussion rehab
> Discuss utilization of technology in concussion rehab

Brent Ponce, MD – Shoulder Surgical Update

> Review shoulder anatomy
> Discuss injury mechanisms
> Discuss current surgical protocols and techniques

Rob Hopkins, DPT – Shoulder Rehab Update

> Discuss post-surgical goals for shoulder rehab
> Discuss timeline in post-surgical rehab
> Discuss new techniques and exercises

R. Lee Murphy, Jr., MD – ACL Surgical Update

> Review knee anatomy
> Discuss injury mechanisms
> Discuss current surgical protocols and techniques

Travis Benn, DPT – ACL Rehab

> Discuss post-surgical goals for knee rehab
> Discuss timeline in post-surgical rehab
> Discuss new techniques and exercises

Andy Grubbs, ATC – Emergency Planning in Athletics

> Identify different components of emergency action plans
> Identify the athletic trainer's role in development of emergency action plans
> Identify other medical provider's role(s) in the development of emergency action plans