

HUGHSTON



SOCIETY

Dear Hughston Society member,

We hope this letter finds you and yours safe and healthy. We are pleased to announce the dates of the next Society gathering to take place April 18th - 20th, 2024, in Columbus, Georgia. **Our meeting will coincide with the 75th Anniversary Celebration of the Hughston Clinic and you are formally invited to attend. The celebration will take place at 6:00pm on Saturday, April 20, 2024 at the Bibb Mill Event Center.** The board has worked hard to plan a terrific program; here are some highlights to look forward to:

- **Presidential Guest Speaker** is Felix H. Savoie, MD, from Tulane University in New Orleans, Louisiana;
- **Hughston Legacy Speaker** is Kurt E. Jacobson, MD, FACS, current president and partner of the Hughston Clinic in Columbus, Georgia;
- **Hunter Memorial Lecture** will be presented by Ron Courson, ATC, PT, SCS, who serves as Executive Associate Athletic Director – Sports Medicine at University of Georgia Athletic Association in Athens, Georgia;
- **Baker Memorial Lecture (inaugural)** presentation will be done by Peter A. Indelicato, MD, who is currently an Emeritus Professor of Sports Medicine in the Department of Orthopaedic Surgery at the University of Florida in Gainesville, Florida; and
- **75th Anniversary Speaker** is Bernard F. Morrey, MD, who conducted his surgical practice at Mayo from 1978 -2009, and continues part time at the University of Texas Health Center, San Antonio, Texas.

Additionally, the membership dues form is enclosed and reminders for the 2024 dues will be emailed separately. Your continued support is greatly appreciated for the future of the Society. We encourage you to take advantage of the savings offered by choosing to auto-renew. The website (www.HughstonSociety.org) will also contain details for meeting and an online registration. Approximately 15.75 hours of AMA Category I CME credit will be available to attendees. Keep in mind, annual dues are the only fees collected and a meeting fee is not charged in exchange for CMEs.

In order to keep our database up to date, we appreciate you keeping us informed with any new contact information as your career path changes.

We look forward to seeing you in Columbus, Georgia in 2024.

Sincerely,

David L. Higgins, MD
President

www.hughstonsociety.org

6262 Veterans Parkway • P.O. Box 9517 • Columbus, Georgia 31908 • 706-494-3326

2024 HUGHSTON SOCIETY MEETING

BOARD OF DIRECTORS

PRESIDENT

David L. Higgins, MD

PRESIDENT ELECT/PROGRAM CHAIR

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PROGRAM COMMITTEE

Teri LaSalle, MS, PT, AT-Ret

Wasik Ashraf, DO

Tim Beals, DO

NOMINATION COMMITTEE

Chairman - Reuben Sloan, MD

William Smith, MD

Kevin Collins, MD

SPECIAL GUEST SPEAKERS

Presidential Guest Speaker

Felix H. Savoie, MD

Tulane University School of Medicine

Tulane Institute of Sports Medicine, New Orleans, LA

Hughston Legacy Speaker

Kurt E. Jacobson, MD, FACS

Hughston Clinic - Columbus, GA

Hunter Memorial Lecture

Ron Courson, ATC, PT, SCS, NRAEMT, CSCS

Executive Associate Athletic Director – Sports Medicine

with the University of Georgia Athletic Association,

Athens, GA

Baker Memorial Speaker

Peter A. Indelicato, MD

Department of Orthopaedic Surgery at the

University of Florida, Gainesville, FL

75th Anniversary Speaker

Bernard F. Morrey, MD

University of Texas Health Center, San Antonio, TX

PROGRAM SPEAKERS

Timothy Beals, DO

Sports Medicine Oregon, Tigard, OR

Benjamin J. Catoe, DO

Jack Hughston Memorial Hospital Resident - Columbus, GA

John Dorchak, MD

Hughston Clinic - Columbus, GA

PROGRAM SPEAKERS Cont.

Kelcey Dunaway, DO

Jack Hughston Memorial Hospital Resident - Columbus, GA

Fred Flandry, MD, FACS

Hughston Clinic - Columbus, GA

Bryce W. Gaunt, PT, SCS

Human Performance & Rehabilitation Center - Columbus, GA

Andy Grubbs, MEd, ATC

Hughston Foundation - Columbus, GA

Jon M. Hay, MEd, LAT, ATC

LMR Technology Group - Crestview, FL

John M. Henderson, Sr., DO, FAAFP

Private Practice - Columbus, GA

Aaron A. Joiner, DO

Jack Hughston Memorial Hospital Resident - Columbus, GA

Cameron C. Kersey, MD

Jack Hughston Memorial Hospital - Phenix City, AL

Teri L. LaSalle, MS, PT, AT-Ret

Midlands Orthopaedics Surgery Center - Columbia, SC

Leland C. McCluskey, MD

St. Francis Orthopaedic Institute - Columbus, GA

Michael A. Oberlander, MD, FAAOS

CMO for figur8tech.- Walnut Creek, CA

Patrick W. O'Connell, MD

Virginia Institute for Sports Medicine - Virginia Beach, VA

Brent A. Ponce, MD

Research Chairman; Hughston Clinic - Columbus and Vidalia, GA

David C. Rehak, MD

Hughston Clinic - Columbus, GA

A. Gianni Ricci, DO

Hughston Clinic - Columbus, GA

Michael K. Schaufele, MD, CPE

Resurgens Orthopaedics, Atlanta, GA

Todd A. Schmidt, MD, FAAOS

OrthoAtlanta - Stockbridge, GA

Robert M. Shalvoy, MD

Care New England Department of Orthopedics & Sports Medicine
Providence, RI

Reuben Sloan, MD

Resurgens Orthopaedics - Atlanta, GA

Patrick A. Smith, MD

Columbia Orthopaedic Group - Columbia, MO

Rourke M. Stay, MD

Jack Hughston Memorial Hospital - Phenix City, AL

Matthew G. Stewart, MD

Hughston Clinic - Columbus, GA

Glenn C. Terry, MD

The GARM Clinic, South America

Timothy L. Uhl, PhD, PT, ATC, FNATA

University of Kentucky, Department of Physical Therapy - Lexington, KY

Michael L. Voight, DHSc, PT, SCS, ATC, FAPTA

Vanderbilt University School of Medicine - Nashville, TN

Collier Watson, MD

Hughston Clinic - Columbus, GA

HUGHSTON SOCIETY MEETING AGENDA

THURSDAY, APRIL 18TH

12:30 pm – Welcome and lunch

President: David Higgins, MD, and

Program Chair: Todd Schmidt, MD

12:45 pm – **Hughston Update**

Hughston Organization – Mark Baker, CEO

Hughston Foundation – Fred Flandry, MD

Hughston Residency Program – David Gloystein, MD

Sports Medicine Fellowship – Champ Baker III, MD

Hughston Foundation Research – Brent Ponce, MD

Foot and Ankle Section

Moderator – Leland McCluskey, MD

1:45 pm – Collier Watson, MD – “Achilles Tendon Ruptures: When do I need to augment the repair?”

2:05 pm – Matthew Stewart, MD – “Jones Fractures”

2:25 pm – Gianni Ricci, DO – “Lateral Ankle Instability: Is a standard Brostrum enough?”

2:45 pm – Leland McCluskey, MD – “Progressive Collapsing Foot Deformity: What is it?”

3:05 pm – Panel Discussion and Q&A

3:25 pm – **Break – Please visit exhibitors**

Innovation Section

Moderator – Tim Beals, DO

3:40 pm – Tim Beals, DO – “Endoscopic Proximal Hamstring Repairs”

4:00 pm – Michael Voight, PT, – “A Practical Approach for the Management of Hamstring Strains”

4:20 pm – Michael Oberlander, MD – “Machine Learning Models Applied to Musculoskeletal Biomarkers: Characteristics of injury detected by a novel sensor platform”

4:40 pm – Pat Smith, MD – “Internal Brace ACL Augmentation: From an idea to an evidence based solution”

5:00 pm – Panel Discussion and Q&A

Residents Research Projects

Moderator – Brent Ponce, MD

5:15 pm – Benjamin Catoe, DO – “Home-Based Physical Therapy Results in Similar Outcomes to Formal Outpatient Physical Therapy After Reverse Total Shoulder Arthroplasty: A randomized controlled trial”

5:25 pm – Kelcey Dunaway, DO – “Trapeziohamate Distance and Ultrasound Median Nerve Diameter as a Predictor for Carpal Tunnel Syndrome: Are nerve conduction studies necessary?”

5:35 pm – Aaron Joiner, DO – “Operative Fires and Polymethylmethacrylate: Variables associated with flammability”

5:45 pm – Panel Discussion / Voting for best research project

6:00 pm – ADJOURN

6:00 pm – An hour of chat and cocktail time at the Hughston Foundation – Dinner on your own

FRIDAY, APRIL 19TH

7:30 am – Light Breakfast

1st Business Meeting – Members only

8:40 am – Welcome and morning announcements

Spine & Pain Section

Moderator – Reuben Sloan, MD

8:45 am – Michael Schaufele, MD – “Vertebral Endplate Modic Changes: An overlooked source of refractory low back pain”

9:05 am – Reuben Sloan, MD – “Electrodiagnostics for the Referring Physician: Utilizing EMG/NCS testing to objectify pathology in refractory conditions”

9:25 am – John Henderson, DO – “Refractory Pain: Nutty patient with real pathology or just plum crazy? How to deal with them and tell them apart”

9:45 am – John Dorchak, MD – “Minimally Invasive Spine Case Studies”

10:00 am – Panel Discussion and Q&A

HUGHSTON SOCIETY MEETING AGENDA

FRIDAY, APRIL 19TH CONT.

10:15 am – **Break – Please visit exhibitors**

Emergency Care in Sports Section

Moderator – John Henderson, DO

10:30 am – **Baker Memorial Lecture**

Peter Indelicato, MD – “So You Wanna Be a Team Physician: Mistakes to avoid and keys to success”

11:10 am – Andy Grubbs, ATC – “Pre-participation Screenings”

11:30 am – Jon Hay, ATC – “Emergency Action Plans”

11:50 am – **Stephen Hunter Memorial Lecture**

Ron Courson, ATC – “Emergency on the Field Care”

12:20 pm – Panel Discussion and Q&A

12:40 pm – Lunch Break – Platinum Sponsor Presentation
Group Photo – Foundation stairs

Shoulder and Elbow Section

Moderator – Todd Schmidt, MD

1:25 pm – **Presidential Guest Speaker**

Felix Savoie, MD – “Past, Present, and Future of Shoulder Disorders and Surgery”

1:55 pm – Bryce Gaunt, PT – “Shoulder Rehab: Pearls of Wisdom after 30+ Years of Practice”

2:15 pm – Pat O’Connell, MD – “Total Shoulder Arthroplasty in a Private Practice”

2:35 pm – David Rehak, MD – “Elbow Anatomy Dissection”

2:55 pm – Cameron Kersey, MD – “Imaging of the Elbow in Sports Medicine”

3:15 pm – Bernard Morrey, MD – “Elbow Trauma”

3:45 pm – **Break – Please visit exhibitors**

4:00 pm – Felix Savoie, MD – “Update on Current Concepts in the Throwing Elbow: T-ball to professional”

4:30 pm – Tim Uhl, PhD, PT – “Quick Arm Care Screen for Baseball Players”

4:45 pm – Case Studies, Panel Discussion, and Q&A

FRIDAY, APRIL 19TH CONT.

5:15 pm – **75th Anniversary Speaker**

Bernard Morrey, MD – “Fifty Years of Practicing Orthopaedics”

6:00 pm – ADJOURN

6:00 pm – President’s Reception at the Hughston Foundation

SATURDAY, APRIL 20TH

7:30 am – Light Breakfast

2nd Business Meeting – Members only

8:55 am – Welcome and morning announcements

Extensor Mechanism Section

Moderator – Fred Flandry, MD, FACS

9:00 am – Glenn Terry, MD – “Anatomy Dissection”

9:20 am – Rourke Stay, MD – “Radiologic Assessment of the Extensor Mechanism”

9:40 am – Glenn Terry, MD – “Evaluation the Hughston Way”

10:00 am – Fred Flandry, MD, FACS – “Proximal and Distal EMR’s”

10:30 am – Robert Shalvoy, MD – “21st Century Extensor Mechanism Treatment Applications”

10:50 am – **Break – Please visit exhibitors**

11:05 am – Teri LaSalle, PT, AT-Ret – “Training the VMO”

11:25 am – Case Studies, Panel Discussion and Q&A

12:15 pm – Lunch Break – Gold Sponsor Presentation

1:00 pm – Award Presentations

Hughston Legacy Section

Moderator – Kurt Jacobson, MD

1:20 pm – **Hughston Legacy Lecture**

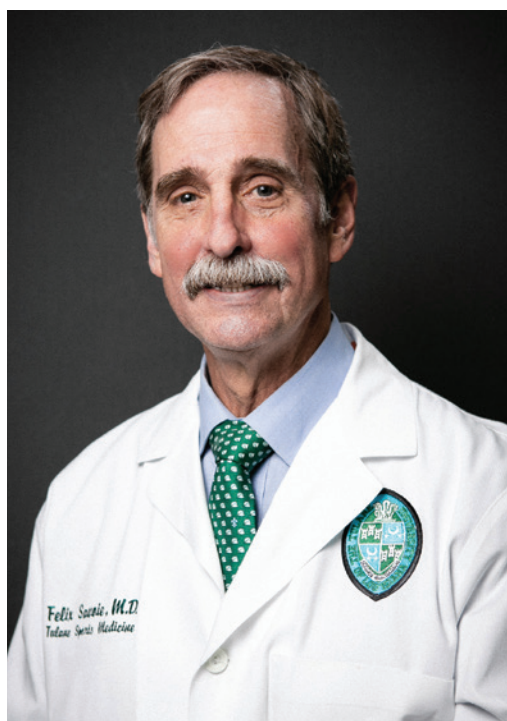
Kurt Jacobson, MD – “The Hughston Legacy”

2:05 pm – Dr. Hughston Tributes

4:00 pm – ADJOURN

6:00 pm – VIP Social for the 75th Anniversary Celebration at the Bibb Mill Event Center

2024 GUEST SPEAKERS



Presidential Guest Speaker – Felix H. Savoie, MD

Dr. Felix H. “Buddy” Savoie is an internationally recognized expert in the areas of shoulder and elbow surgery and sports medicine. He has been recognized as an integral member of virtually every respected organization relating to shoulder and elbow surgery, arthroscopy, and sports medicine. Dr. Savoie has held numerous leadership positions and served as president for several organizations including the Arthroscopy Association of North America (2010), American Shoulder and Elbow Surgeons (2016), Orthopaedic Learning Center (2016), and Louisiana Orthopaedic Association (2016). He served as the 90th President of the American Academy of Orthopaedic Surgeons. In addition to building a successful clinical and surgical practice, Dr. Savoie has devoted his career to grow and advance the field of orthopaedics. He has trained hundreds of medical students, residents, and fellows, including a host of surgeons who visit from across the world to observe and rotate with him year-round. He has authored more than 1,000 publications and continues to develop new academic and clinical research using his own data, alongside other international innovators.



Hughston Legacy Speaker – Kurt E. Jacobson, MD, FACS

Kurt E. Jacobson, MD, FACS, is certified by the American Board of Orthopaedic Surgery with a subspecialty certification in sports medicine. Dr. Jacobson earned his medical degree at Tulane University School of Medicine and completed an orthopaedic surgery residency at the University of Michigan Medical Center. Under the guidance of Jack C. Hughston, MD, Dr. Jacobson completed a sports medicine fellowship at the Hughston Foundation.

In addition to general orthopaedics, Dr. Jacobson specializes in sports medicine and knee injuries and has over 35 years of experience in the field. He has served as the head team physician at both the collegiate and high school levels. At Valdosta State University, he served as head team physician for over 30 years and has 4 championship rings. He provides specialty expertise for athletes at all levels with both operative and nonoperative solutions, and he offers guidance and management of orthopaedic conditions and injury prevention.

Dr. Jacobson was the medical director for Piedmont Northside Hospital rehabilitation unit for more than 20 years. His other administrative roles include serving as the Hughston Clinic president since 2016, and chief medical officer of Hughston Clinic and Jack Hughston Memorial Hospital.

2024 GUEST SPEAKERS



Hunter Memorial Speaker – Ron Courson, ATC, PT, SCS, NRAEMT, CSCS

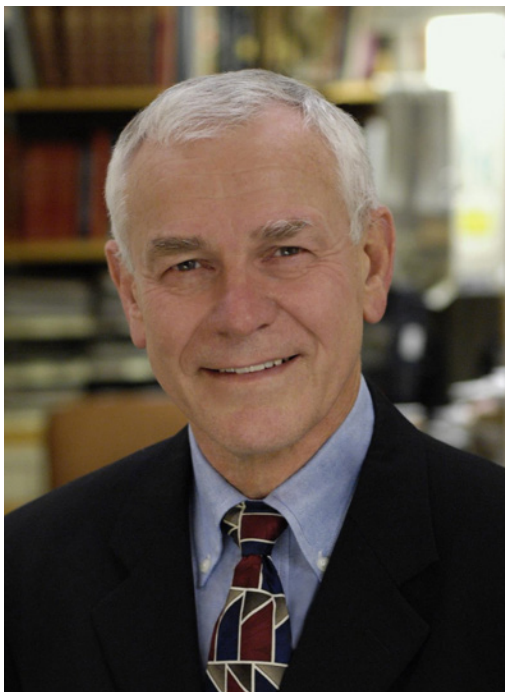
Ron Courson currently serves as Executive Associate Athletic Director – Sports Medicine with the University of Georgia Athletic Association. He joined the University of Georgia in May of 1995, and is currently an adjunct instructor in the department of kinesiology, teaching in the athletic training education program. He serves as a clinical instructor teaching physical therapy students from schools throughout the country. He is active in sports medicine research and education, having authored a number of professional papers and textbook chapters. He has served as lead or co-author with the NATA on position papers for emergency preparation, exertional heat illness, management of sudden cardiac arrest, management of head and cervical spine injuries, MRSA, and medical time out. Ron co-chaired the national Spine Injuries in Sport Group, developing evidence-based medicine protocols for pre-hospital care of the spine injured athlete. He developed the nation's first Athletic Medicine Review Board, he has testified before Congress as well as the Knight Commission, and served on the White House "Stop the Bleed" Hemorrhage Control National Education Initiative.



Baker Memorial Speaker – Peter A. Indelicato, MD

Dr. Indelicato is currently an Emeritus Professor of Sports Medicine in the Department of Orthopaedic Surgery at the University of Florida. During his tenure, he has served as the Head Team Physician of the Florida Gators for 35 years, the Associate Team Physician for the NFL Miami Dolphins for 9 years, and the Wayne Huizenga Professor of Sports Medicine at the university for more than 20 years. Dr. Indelicato has served as the 40th president of the AOSSM. He also has served as the Chair of the Commercial Relations Committee for the AOSSM and now serves as the Society's Corporate Relations Liaison. Over the course of his career he has authored over 60 articles on the ACL with his main area of research focused on knee ligament injuries.

He was given the Dr. Robert Cade Sports Medicine Person of the Year Award in 2007, the Jack Hughston Award by the SEATA in 2015, the Distinguished Southern Orthopedic Surgeon Award by the SOA in 2016, and the Gwinnett Pioneer of Sports Medicine Award that same year. At the Annual AOSSM meeting in 2016, he received the Robert E. Leach Sports Medicine Leadership Award in recognition and appreciation for his outstanding and meritorious service to sports medicine. Later that same year, he was given the coveted Jack Wheatley Award by the National Athletic Trainers Association for a lifetime of outstanding contributions that directly impact healthcare in the area of athletics and athletic training. In 2019, Dr. Indelicato was inducted in the AOSSM Hall of Fame, the highest honor given to a society member recognizing their significant contributions to the specialty of sports medicine.



75th Anniversary Speaker – Bernard F. Morrey, MD

Bernard F. Morrey, MD, is the emeritus chair of the Department of Orthopaedics at The Mayo Clinic and holds the rank as former Krehbiel Professor of Orthopaedic Surgery at Mayo and Professor of Orthopaedics at the University of Texas Health Center, San Antonio. He is a Past President of the American Academy of Orthopaedic Surgeons, of the American Orthopaedic Association (AOA), and of the American Shoulder and Elbow Surgeons. He has been the chair of the Board of Trustees of the *Journal of Bone and Joint Surgery* and of the *Journal of Shoulder and Elbow Surgery*. He served for 8 years on the Board of Governors of the Mayo Clinic.

Dr. Morrey, is a member of numerous national and international orthopaedic organizations, is a Fulbright Scholar, holds 9 patents, and has authored 15 major textbooks translated into 6 languages. He has authored over 460 peer-reviewed publications. He was the personal orthopaedic surgeon to the senior President and Mrs. Barbara Bush. He has been named a distinguished alumnus of the Mayo Clinic, and of the University of Texas Medical Branch, Galveston. In 2023, he was designated as a “Pillar of Orthopaedics” by the AOA.

Dr. Morrey was reared in Ft. Worth, Texas and, after working at NASA as an aerospace engineer on the Apollo mission, he attended medical school at the University of Texas Medical Branch. He completed his residency at Mayo Clinic Rochester concurrently receiving a Master’s degree in Biomechanics from the University of Minnesota. After 2 years of service in the Air Force, where he was awarded the Meritorious Service Award, he conducted his surgical practice at Mayo from 1978 -2009, and continues part time at the University of Texas Health Center, San Antonio.

HUGHSTON SOCIETY MEETING DETAILS

SOCIAL EVENTS INFORMATION

Thursday, April 18th

Noon - Welcome lunch

Please stop by registration for your meeting and CME packets, a Country's barbecue lunch will be provided.

6:00pm - A night on your own

A few light hors d'oeuvres and drinks will be served in the lobby directly after the meeting. For this evening, relax or plan a gathering with friends and/or family for dinner. A list of recommended restaurants will be available for you to make your reservations.

Friday, April 19th

6:00pm - President's Welcome Reception at the Foundation

A fine cigar, wine, and heavy hors d' oeuvres – there is something for everyone to enjoy at the President’s Reception. Come reconnect with old friends and gather informally with speakers after the meeting.

Saturday, April 20th

6:00pm - Hughston Clinic 75th Anniversary Celebration

Our meeting will coincide with the 75th Anniversary Celebration of the Hughston Clinic and you are formally invited to attend. The celebration will start at 6:00pm followed by dinner at 7:00pm on Saturday, April 20, 2024 at the Bibb Mill Event Center.



HUGHSTON

SOCIETY

TRANSPORTATION INFORMATION

AIR AND GROUND OPTIONS

Hartsfield-Jackson Atlanta International Airport

- Most major air providers
- 90 minutes from Hughston campus

Columbus Airport

- Serviced by Delta Airlines
- 15 minutes from Hughston campus
- Be aware flights are often canceled or delayed.

Groome Transportation (Shuttle Service) - (706) 324-3939

<https://groometransportation.com/columbus/#gt-columsched-1>

- Accessible from Hartsfield-Jackson Atlanta International Airport
- 16 round-trips, 7 days a week
- \$98 round-trip
- 5 minutes from Hughston campus

Uber - available in Columbus

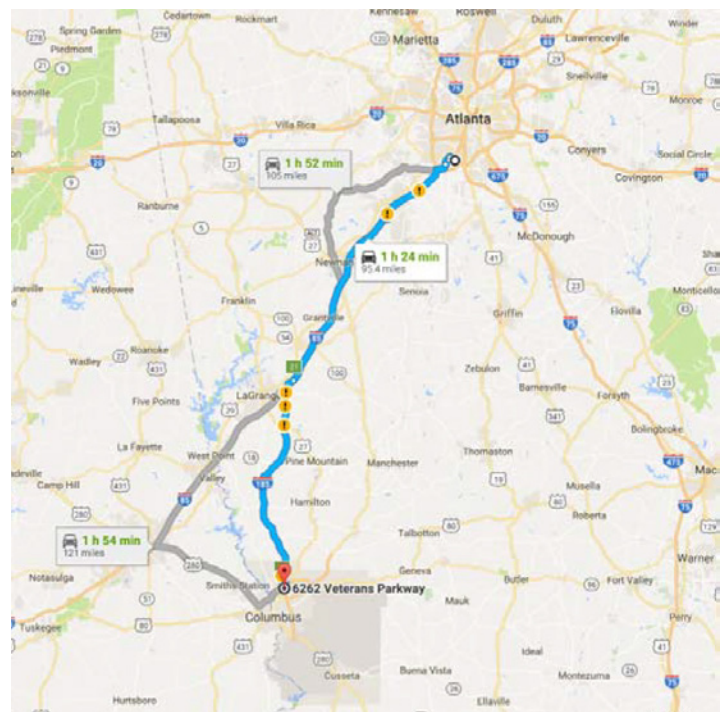
Rental Car Companies

Servicing Columbus and Atlanta airports

- Avis
- Budget
- Enterprise
- Hertz
- National

Servicing Atlanta Airport only

- Advantage
- Atlanta Dollar
- EZ
- Payless
- Atlanta Thrifty



HUGHSTON SOCIETY MEETING DETAILS

LODGING INFORMATION

Deadline for block room rates varies, please see dates by each hotel listing below. Bookings after this date are subject to price changes and based on each hotel's room availability. Hotel locations listed in order of distance from the Hughston Foundation. **Please mention Hughston Society or follow booking links below for each hotel to receive discounts at the following locations:**

DoubleTree by Hilton (Closes March 27th) \$155.00 + tax per night
5351 Sidney Simons Blvd, Columbus, GA 31904
Phone: 706-256-6868
booking link: <https://www.hilton.com/en/attend-my-event/csgdtdt-hss-7dbb72d9-3329-46af-bcbb-ac-f4838a1bec/>

Home2Suites by Hilton (Closes April 8th) \$139.00 + tax per night
1664 Whittlesey Road, Columbus, GA 31904
Phone: 877-646-6302 or hotel direct 706-257-6931
booking code: Enter the client ID code in the "Special Codes/Rate": 560024285
<https://www.hilton.com/en/attend-my-event/csgbpht-hug-7fa2601f-e922-4f12-bf55-660a449585de/>

Hyatt Place Columbus North (Closes March 1st) \$84.00 + tax per night
2974 North Lake Parkway, Columbus, GA 31909
Phone: 706-507-5000
booking link: [Columbus GA Hotel - Columbus GA North Hotel | Hyatt Place](#)
(Group code: G-HS24)

Hilton Garden Inn (Closes March 27th) \$129 + tax per night
1500 Bradley Lake Blvd., Columbus, GA 31904
Phone: 706-660-1000
booking link: <https://www.hilton.com/en/attend-my-event/hughstonsocietymeeting2024/>
(Group code: HS2024)

Residence Inn Columbus (Closes April 1st) Single \$99 / Double \$104.00 + tax per night
2670 Adams Farm Drive Columbus, Georgia 31909
Phone: 706-494-0050
booking link: <https://www.marriott.com/event-reservations/reservation-link.mi?id=1687811227786&key=CORP&app=resvlink>

City Mills Hotel (Closes March 17th) starting at \$199.00 + tax per night
1801 1st Ave, Columbus, GA 31904
Phone: (706) 940-0100
booking link: <https://res.windsurfercrs.com/ibe/details.aspx?propertyid=16635&nights=1&checkin=4/17/2024&group=HSA&lang=en-us>

Hotel Indigo Columbus at Riverfront Place (Closes March 27th) \$169.00 + tax per night
21 West 14th Street, Columbus, GA 31901
Call 1 866 2 INDIGO (866 246 3446) and reference Block Code Hughston Society)
Book online at: [Hughston Society](#)

www.hughstonsociety.org

LOCAL ATTRACTIONS



Experience the National Infantry Museum and Soldier Center at Patriot Park

Here you can trace the footsteps of the Infantryman from the Revolutionary War to events in the Persian Gulf and battles in between. Visitors can see displays of edged weapons, uniforms, and vehicles of the U.S. Infantry. While you're here you can experience a movie in the IMAX Theater or have target practice in the virtual rifle range. The museum includes a gift shop and the Fife and Drum restaurant.

Discover Oxbow Meadows Environmental Learning Center

Tread lightly amid native flora and fauna at Oxbow Meadows, where nature takes its course. Ramble among ponds and vegetation where butterflies, birds, turtles, and dragonflies—and the occasional snake or two—reign supreme. Get hands-on at the Environmental Learning Center and experience the region's natural history.



Historic Westville

Westville redefines “living history” by providing experiences that transform the way we think about the past and remind us that history lives in our thoughts, actions, and understanding of the present. Through exhibits, live interpretations, demonstrations, and hands-on activities, you can curate your own museum experience. Westville is an accumulation of nearly a century of preserving the past. Westville covers the entire 19th century and is organized into four interpretive areas, designed to examine diverse experiences due to race, class, and gender.

Blast Off at the CSU Coca-Cola Space Science Center

Walk into the Space Center and discover a universe of cosmic wonder and high tech exploration. Travel to unknown worlds through NASA exhibits and interactive displays that educate as well as entertain. Visitors of all ages find themselves right in the middle of the action. Experience the unique, state-of-the-art Omnisphere Planetarium Theatre with feature programs, laser concerts, star shows, and children's films. Team building is at its best with a customized "Mission to Mars".

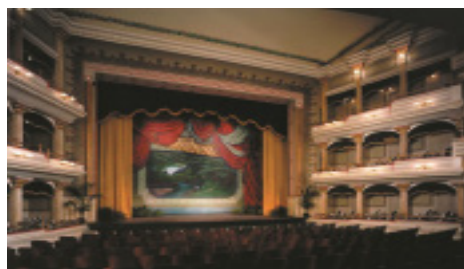


Set Sail at the National Civil War Naval Museum at Port Columbus

The nation's only Civil War Naval Museum gives visitors a chance to discover the most pivotal period of naval history. Featured exhibits—follow Admiral Farragut onto a replica of his flagship, USS Hartford. Go below deck and see where the sailors slept, ate, and passed time. The famous ironclad CSS Albermarle and brace yourself for combat. Then, stand at the bow of the CSS Jackson and view the 225-foot long hull of the largest surviving scratch-made ironclad in the world.

Be Starstruck at the Springer Opera House

Also known as the State Theatre of Georgia, the Springer Opera House has been a leading Southern cultural institution for over 135 years. As you stroll from the gaslit street into the splendid Edwardian Grand Lobby, you can easily imagine the 19th century merchants, tradesmen, farmers, steamboat passengers, and arts patrons streaming into the theatre eager to catch their first glimpse of Oscar Wilde, Ma Rainey, or Lillie Langtry.



Columbus, GA, Whitewater

The world's longest urban whitewater course flows through Uptown—the original heart of Columbus. This course includes class 3 and 4 rapids over 2 miles and takes you past historic downtown and along the banks of Georgia and Alabama. This river restoration project provides excellent whitewater conditions, but also re-establishes the natural habitat of many indigenous species, including the shoal bass, fresh water mussel, and spiderlilly. Enjoy the Blue Heron Adventure as well; a dual zip-line across the Chattahoochee River!