

CURRICULUM VITAE
Patrick J. Fernicola, M.D.

PERSONAL DATA

Business: The Hughston Clinic, Inc.
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Columbus, Georgia 31908-9517
Telephone: (706) 324-6661
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Special Training
Orthopaedic Surgery and Sports Medicine

Education:
Essex Catholic Boys High School, 1981
Georgetown University, Washington, Dc, Bachelor of Science in Biology, Minor In
Psychology, 1985
Georgetown University School of Medicine, Washington, Dc, Doctor of Medicine
(M.D.), 1989
Transitional Internship, Madigan Army Medical Center, Tacoma, Washington,
1989-1990

Residency
Madigan Army Medical Center, Tacoma, Washington, 1992-1996 (July – June)
Orthopaedic Surgery

Licensures and Certification:
Georgia # 43367 1997
Alabama # 25201 2003
Diplomat, American Board of Orthopaedic Surgery July 1998
Fellow, American Academy of Orthopaedic Surgeons March 2000

Fellowships:
Shoulder Service, the Hughston Clinic, Inc., Columbus, Georgia, 1998, 2000

I. ACADEMIC OR INSTITUTIONAL EMPLOYMENT AND HONORS

- A. Significant Employment
Orthopaedic Consultant and Team Physician, Athletic Teams, Northside
High School, Columbus, Georgia 2008 - Present
Orthopaedic Consultant and Team Physician, Athletic Teams, Hardaway
High School, Columbus, Georgia 2002 - 2008

General Practitioner, 56th General Hospital, Muenchweiller, Germany.
1990-1992

Orthopaedic Surgeon, Martin Army Community Hospital, Fort Benning,
Georgia, 1996-2001

Chief, Orthopaedic Surgery Service, Martin Army Community Hospital,
Fort Benning, Georgia, 2001-2002

Orthopaedic Surgeon, The Hughston Clinic, Inc., Columbus, Georgia,
2002-Present

Orthopaedic Surgeon, The Hughston Clinic, Inc., Columbus, Georgia,
2002–Present

Staff Orthopaedic Surgeon (Active), Hughston Orthopaedic Hospital,
Columbus, Georgia, 2002–Present

Staff Orthopaedic Surgeon (Active), The Medical Center, Columbus,
Georgia 2002–2008

Staff Orthopaedic Surgeon (Active), St. Francis Hospital, Columbus,
Georgia

2002–2008

Staff Orthopaedic Surgeon (Active), Doctors Hospital, Columbus, Georgia,
2002–Present

Staff Orthopaedic Surgeon (Courtesy), Crisp Regional Hospital, Cordele,
Georgia

2002–Present

Staff Orthopaedic Surgeon (Active), The Surgery Center, Columbus,
Georgia

2002–2008

Staff Orthopaedic Surgeon (Active), Jack Hughston Memorial Hospital,
Phenix City, AL 2008 - Present

B. Academic or Other Teaching Appointments

None

C. Scholarly or Other Academic Honors

Alpha Omega Alpha

National Medical Honor Society 1988

Transitional Intern Research Award 1990

II. SCHOLARSHIPS AND RESEARCH

A. Research Support

Sponsored Research

Radiographic Evidence of the Presence or Absence of Tunnel Widening After Anterior Cruciate Ligament Reconstruction Using the AperFix Soft Tissue Fixation Device. September 2009 thru September 2011.

Fellow Research

A Prospective Evaluation of a Scapular Stabilizing Strap for Treatment of SICK Scapular Syndrome. December 2004 thru December 2007.

Early Evaluation of the Tornier Reverse Total Shoulder Arthroplasty. Presented at 2005 Hughston Fellow Research Presentations. March 2005 thru March 2006.

Results of Reverse Total Shoulder Revised from Hemiarthroplasty: A Retrospective Review. Presented at 2010 Hughston Fellow Research Presentations. Initiated September 2009, currently being updated.

Short-Term Results after Humeral Resurfacing vs. Total Shoulder Arthroplasty for Glenohumeral Arthritis. Presented at 2011 Hughston Society. Initiated December 2010, currently being updated.

B. Publications, Presentations, Exhibits

National Exhibits

Shoulder Arthroplasty Seminar, the Hughston Sports Medicine Foundation Columbus, Georgia, (CME 7 Hours, Category I) 2000

Fourth Annual Issues in Trauma Care, University Of Alabama School Of Medicine Birmingham, Alabama (CME 11.5 Hours, Category I), 2000

Advanced Cardiac Life Support Provider's Course Uniformed Services, University Of Health Sciences, Fort Benning, Georgia (CME 11 Hours, Category I) 2000

Acute Myocardial Infarction and Coronary Syndromes: Optimizing Selection Of Reperfusion and Revascularization Therapies in the Coronary Care Unit And Emergency Unit, Thomson American Health Consultants, Atlanta, Georgia, (CME 2 Hours, Category I) 2001

Sixteenth Annual Vail Orthopaedic Symposium State-Of-The-Art Total Hip and Knee Replacement: Controversies and Solutions Vail, Colorado, (CME 26 Hours, Category I), 2001

Use of Antithrombotic Agents for Vte Prophylaxis in Patients Undergoing Orthopaedic Surgery Monograph, University Of Minnesota, (CME 1 Hour, Category I), 2001

Complete Foot Care Course, The American Orthopaedic Foot And Ankle Society, Charlotte, North Carolina, (CME 19.5 Hours, Category I) 2001

Coding and Reimbursement Update For Orthopaedics, The Georgia Orthopaedic Society, Inc., Atlanta, Georgia, (CME 6 Hours, Category I) 2001

The Georgia Orthopaedic Society, Inc, 2004 Spring Seminar, Callaway Gardens, Pine Mt. GA, (CME 5 Hours, Category I) 2004

Current Concepts in Shoulder and Knee Disorders
Henry Medical Center, Inc., The Inn At Eagles Landing, (CME 9 Hours, Category I) 2004

Henry Medical Center, Inc. The Inn at Eagle's Landing (CME 9 Hours, Category I) 2004

The Georgia Orthopaedic Society, Inc, Ritz Carlton Lodge, Reynolds Plantation, (CME 8 Hours, Category I) 2004

Wolterskluwer, Bone & Joint Volume 10: Issue 4, (CME 1.5 Hours, Category I) 2004

Wolterskluwer, Bone & Joint Volume 10: Issue 7, (CME 1.5 Hours, Category I) 2004

Wolterskluwer, Bone & Joint Volume 10: Issue 1, (CME 1.5 Hours, Category I) 2004

Wolterskluwer, Bone & Joint Volume 10: Issue 5, (CME 1.5 Hours, Category I) 2004

Southern Orthopaedic Association, Hyatt Regency Hotel, Atlanta, GA, (CME 13.5 Hours, Category I) 2005

Hughston Orthopaedic Update, Medical Education Resources, Columbus, GA (CME 6 Hours, Category I) 2005

Wolterskluwer, Bone & Joint Volume 11: Issue 1, (CME 1.5 Hours, Category I) 2005

Wolterskluwer, Bone & Joint Volume 11: Issue 2, (CME 1.5 Hours, Category I) 2005

Wolterskluwer, Bone & Joint Volume 10: Issue 11, (CME 1.5 Hours, Category I) 2005

Medical Education Resources, (CME 6 Hours, Category I) 2005

University of South Florida College of Medicine, Tampa, FL, (CME 15.25 Hours, Category I) 2006

American Academy of Orthopaedic Surgeons, 5th Biennial AASOS/ASES, (CME 21 Hours, Category I) 2006

Lippincott CME Institute, Wolters Kluwer Business (CME 1.5 Hours, Category I) 2006

Arthroscopy Association of North America, 2007 Winter Course, (CME 16.5 Hours, Category I) 2007

Arthroscopic Rotator Cuff Repair Symposium, Piedmont Hospital, Atlanta, GA, (CME 6 Hours, Category I) 2007

American Academy of Orthopaedic Surgeons, AKO ACL Reconstruction and Tears (CME 3 Hours, Category I) 2007

American Academy of Orthopaedic Surgeons, Rosemont, IL, (CME 3.0 Hours, Category I) 2007

American Academy of Orthopaedic Surgeons, Annual Meeting, San Francisco, CA, (CME 22.5 Hours, Category I) 2008

The Georgia Orthopaedic Society, Inc, 200 Annual Meeting, The Cloister, Sea Island, GA, (CME 7.5 Hours, Category I) 2008

Hughston Hospital Healthy Lifestyles "Reaching for the Stars" Columbus, GA, February 24, 2009

MAG Mutual, The Ongoing Epidemic of Pulmonary Emboli – "There's gold in them thar ills." Pine Mountain, GA, (CME 1 Hour, Category I) 2009

American Sports Medicine Institute, 2009 Combined Meeting of the American Sports Medicine Fellowship Society and the Hughston Society, Pensacola Beach Gulf Front Hilton, (CME 12 Hours, Category I) 2009

American Academy of Orthopaedic Surgeons, Steamboat Springs, CO, 10th Annual AAAOS/AOSSM Sports Medicine Course (CME 22.00 Hours, Category I) 2009

Tornier Clinical Concepts Reversed Shoulder Arthroplasty “Managing Complications of Reverse Shoulder Replacement, and Latest Options for Reverse II TSA” Atlanta, GA, October 30, 2010

American Academy of Orthopaedic Surgeons, Rosemont, IL, 2008 OSAE Scored and Recorded AAOS (CME 40.00 Hours, Category I) 2010

American Academy of Orthopaedic Surgeons, Rosemont, IL, 2010 Scored and Recorded Sports Medicine Self-Assessment Exam AAOS (CME 10.00 Hours, Category I) 2010

Madigan AMC Orthopaedic Research and Alumni Day, Tacoma, WA 2010 (CME 4.5 Hours AMA PRA, Category I) 2010

Tornier Clinical Concepts in Reversed Shoulder Arthroplasty “Managing Complications of Shoulder Arthroplasty” Presentation and Cadaver Lab Demonstration Atlanta, GA, April 30, 2011

San Diego Shoulder Institute, Robert W. Metcalf and AANA Winter Meeting: Arthroscopic Surgery, Snowbird, UT 2011 (CME 23 Hours, Category I) 2011

Pfiedler Enterprises – RLO: Life Orthopaedics, Atlanta, Georgia (8 AMA PRA Category 1 Credit) 2012

St. Frances Continuing Medical Education – Shoulder Instability: Diagnosis and Treatment, Callaway Gardens (6 AMA PRA Category 1) April 28, 2012

Georgia Shoulder Society “Anterior Instability Repair” Presentation Callaway Gardens, Georgia April 28, 2012

Georgia Shoulder Society “Imaging in Glenohumeral Instability” Presentation Callaway Gardens, Georgia April 28, 2012

Primary Care Education Consortium: Law and Medicine Media, LLC: Avoiding Malpractice Lawsuits (2 AMA PRA Category 1) April 15, 2013

Tornier “Faculty for Aequalis Ascend Flex Lecture and Lab Workshop Minneapolis, MN May 16 & June 6, 2013

American Sports Medicine Fellowship Society and the Hughston Society Toss Bridge Spa & Resort, Birmingham, Alabama (10 AMA PRA Category 1 Credits) 2013

Emerging Techniques in Orthopedics Las Vegas, Nevada (26.25 AMA PRA Category 1 Credit) 2013

Author: McBrayer DE, Debelak BP, Fernicola PJ, Tu R, Baker CI Jr.
Title: Deltoid muscle pressures during arthroscopic rotator cuff repair.
Citation: Orthopedics. 2013;36(2):119.
Key Terms: deltoid muscle pressure arthroscopy rotator cuff repair
Reference Number: 559

The Medical College of Georgia at Georgia Regents University: Shoulder Arthroplasty Current Concepts and Management, Ritz Carlton, Reynolds Plantation Lake Oconee, Georgia March 29, 2014 (6 AMA PRA Category 1 Credits) 2014

The Medical College of Georgia Regents University: Shoulder Arthroplasty Current Concepts and Management "Expanding Indications for Reverse Total Shoulder Arthroplasty" Presentation Lake Oconee, Georgia March 29, 2014

LIMA International "Rotator Cuff Repair after Total Shoulder Arthroplasty" Presentation Las Vegas, NV August 9, 2014

Pfiedler Enterprises – RLO: Real Life Orthopaedics, Atlanta, Georgia (7.5 AMA PRA Category 1 Credit) November 21, 2014

Columbus Regional Health – 2015 Northside Medical Biennial Meeting in In Conjunction with the Hughston Foundation, Columbus, Georgia (7.75 AMA PRA Category 1 Credit) April 9-11, 2015

Columbus Regional Health – Why You Should Consider Bariatric Surgery before Elective Orthopedic Surgery, Columbus, Georgia (1 AMA PRA Category 1 Credit) October 7, 2015

Pfiedler Enterprises – RLO: Real Life Orthopaedics, Atlanta, Georgia (7 AMA PRA Category 1 Credit) November 20, 2015

Metcalf/AANA: Arthroscopic Surgery Seminar 2016, Sun Valley, Idaho (23 AMA PRA Category 1 Credit) February 4-7, 2016

Columbus Regional Health – Reverse Total Shoulder Updates, Hughston Society Meeting Columbus, GA (11.2 AMA PRA Category 1 Credit) April 20-22, 2017

19th Annual AAOS/AOSSM/AANA: Sports Medicine Course Park City, Utah January 31- February 4, 2018; (19 AMA Category 1 CME Credits)

Pfiedler Education – RLO: Real Life Orthopaedics, Atlanta, Georgia (7AMA PRA Category 1 Credit) November 16, 2018.
Piedmont Columbus Regional – Educational Activity, Hughston Society Meeting Columbus, GA (11.75 AMA PRA Category 1 CME Credit) April 11-13, 2019.

Author: Bae AS, Collins DW, Jardaly AH, Fernicola PJ.
Title: Successful surgical repair of acute quadriceps tendon rupture utilizing cortical button
Fixation: a case report
Citation: American Journal of Case Reports. 2021;22e934238
PMID: 34937853
Reference Number: 711

Author: Kelly JP, Fernicola PJ.
Title: Distal biceps tendon rupture during softball swing: Case report of a previously unreported mechanism of injury
Citation: JSES Reviews, Reports, and Techniques 2022 Nov1; 3(1):125-127. 2023
Feb: 3(1):125-227. eCollection
PMID: 37588072
Reference Number: 746

Piedmont Columbus Regional-Educational Activity, Hughston Society Meeting Columbus, GA (13.55 AMA PRA Category 1 CME Credit) April 21-23, 2022

Author: Kelly JP, Jardaly AH, Gruenberger EH, Geringer RM, Ponce BA, Fernicola PJ.
Title: Outcomes of hemiarthroplasty and concentric glenoid reaming: a systematic review and meta-analysis of the ream and run techniques.
Citation: Seminars in Arthroplasty: JSES. September 2022; 32(3):571-580
PMID: (not in PubMed as of 12/28/22)
<https://doi.org/10.1053/j.sart.2022.02.013>
Reference Number: 754

Author: Beals T, Fernicola P, Flandry F.
Title: The utility of Arthrobox training in arthroscopic skills development of orthopedic trainees.
Citation: Journal of the American Osteopathic Academy of Orthopedics (JAOAO).
2022;6(2): online August 2022. www.journal.aoao.org/?p=442.
PMID: none, published online open access
Reference Number: 797

Author: Ko A, Ponce B, Fernicola PJ.

Title: Michelangelo's David: Imperfect Perfection
 Citation: AAOS Now. July 2024 Out of Office section. Online
<https://www.aaos.org/aaosnow/2024/jul/outofoffice/outofoffice01/>.
 PMID: not listed in PubMed
 Reference Number: 820

III. LEADERSHIP IN ORTHOPAEDICS AND MEDICINE

A. Significant Offices Held

Hughston Society Board President 2019-2022

B. Committee and Board Work

Southern Orthopaedic Association	1999-2014
American Academy of Orthopaedic Surgeons	2000-Present
Georgia Orthopaedic Society	2002-Present
Muscogee County Medical Society	2002-Present
Medical Association of Georgia	2002-Present
Hughston Society Member	2002-Present
Arthroscopy Association of North America	2010-Present

IV. LEADERSHIP IN PUBLIC SERVICE

A. Community Lay And Volunteer Work

Sponsored and Proctored Community and Student Education Program
 Providing Arthroscopy Cadaver Labs for area High School Students,
 2009-Present
 Physician Crossfit Regionals Atlanta, GA 2016-2017
 Physician Crossfit National Open Competition 2017

B. Community Medical Work

Team Physician:
 Hardaway High School 2002-2007
 Northside High School 2010-2015
 Point College 2012-2013
 Brookstone High School 2016-2017

C. Military Career Honors

The Bronze Star Medal 1991
 Kuwait Liberation Medal 1991
 Southwest Asia Medal 1991
 Natural Defense Ribbon 1991
 Valorous Unit Award 1991
 Army Commendation Medal 1990 – 1992

Overseas Service Ribbon 1992
Meritorious Service Medal 2002