Tim Beals, DO- FAOAO, FAAOS, FAAHKS, FAANA
Orthopedic Surgery: Hip Preservation and Adult Reconstruction

Current Position

Orthopedic Surgeon- Partner- Vice President
Sports Medicine Oregon, Tigard, OR
Board certified orthopedic surgeon specializing in hip arthroscopy, open hip preservation, adult reconstruction, anterior hip replacement, shoulder arthroplasty.

Education

- Hip Preservation and Reconstruction Fellowship, Steadman Philippon Research Institute, Vail, CO 09/2019-08/2020
- Orthopedic Surgery, Jack Hughston Memorial Hospital, Phenix City, AL 06/2015-08/2019
- Internship, Good Samaritan Regional Medical Center, Corvallis, OR 06/2014-06/2015
- Midwestern University-Chicago College of Osteopathic Medicine, Downers Grove, IL; DO 06/2010-05/2014
- University of Illinois, Champaign, IL; BS-Molecular Cellular Biology 08/2005-05/2009

Employment

Substitute Teacher, Champaign-Urbana Public Schools; Champaign-Urbana, IL 08/2009-05/2010

Certification/Licensure

State Licenses:Oregon Exp.Date: 12/2026
American Osteopathic Board of Orthopedic Surgery Exp Date: 12/2026

Professional Society Memberships

Arthroscopy Assn of North America, Fellow 2025-present
American Osteopathic Academy of Orthopedics, Fellow 2024-present
American Academy of Orthopedic Surgeons, Fellow 2024-present
American Association of Hip and Knee Surgeons, Fellow 2023-present
Western Orthopaedic Assn. Active Member 2020-present
Hughston Society 2019-present
American Osteopathic Association, Active Member 2010-present

Honors and Awards

American Osteopathic Foundation State Emerging Leader- Oregon 2023 10/2023
AOAO Foundation Emerging Leader 2023 10/2023
2nd Place, Adult Reconstruction, American Osteopathic Academy of Orthopedics Annual Meeting 10/2019
"Patient height as a risk factor for dislocation after posterior total hip arthroplasty, a retrospective analysis."
First Place, Diagnostic/Management Problem Solving, Enneking Pathology Seminar 10/2016

Athletics Coverage

USA Track and Field Olympic Trials 06/2021
Portland Thorns; Women's Professional Soccer 10/2020-present
US Ski and Snowboard 08/2019-7/2020
Auburn University; Football, Baseball, Softball, Soccer, Volleyball. Physicals for all programs. 03/2017-06/2019
Kendrick Highschool, Columbus, GA;Football. 08/2016-11/2018
Columbus Lions; Professional Indoor Football. 03/2016-05/2018
Columbus Cottonmouths; Professional Minor League Hockey. 10/2015-03/2017
Columbus State University; Women's Soccer, physicals for all programs. 08/2015-06/2019

Committees and Positions

Oregon Osteopathic Foundation- Trustee **08/2025-present**
Oregon Outpatient Surgery Center- Medical Executive Committee **01/2025-present**
Oregon Medical Board- Guidelines Workgroup **08/2024-02/2025**
Hughston Society
Executive Board- Member at Large **04/2024-present**
Program Committee **04/2022-04/2024**
Journal of Arthroplasty- Editorial Board **01/2023-present**
American Osteopathic Association- Board of Trustees **07/2022-07/2023**
Osteopathic Physicians and Surgeons of Oregon-Board of Directors **10/2021-present**
Journal of the American Osteopathic Academy of Orthopedics **10/2021-present**
Associate Editor-Adult Reconstruction
American Osteopathic Assn.-Bureau of Emerging Leaders **08/2021-07/2024**
Chair-Communications Work Group 08/2023-07/2024
08/2021-08/2022
American Osteopathic Assn. of Orthopedics **12/2020-03/2021**
Editorial Subcommittee-Adult Reconstruction
American Osteopathic Assn. Scholarships Work Group **11/2020-07/2021**
American Osteopathic Assn. Resolutions Task Force **11/2019-10/2020**
Hughston Society New Membership Committee **04/2019-present**
Total Joints Committee, Jack Hughston Memorial Hospital **04/2019-08/2019**
Standardizing pain management and preoperative protocols for arthroplasty surgeries
American Academy of Orthopedic Surgeons Resident Assembly **03/2017-03/2019**
Resident delegate for Jack Hughston Memorial Hospital to AAOS Resident Assembly
- *Head-Resident Rotation Reading List Workgroup*
- *Member-Resident Education Committee*

Osteopathic Medical Network of Excellence in Education (OMNEE)Osteopathic Postdoctoral Training Institute
08/2016-07/2017
Resident representative for Jack Hughston Memorial Hospital
Resident Education Coordinator **02/2016-11/2018**
Patient Safety Committee, Jack Hughston Memorial Hosp. **02/2016-07/2016**
CPOE Committee- Jack Hughston Memorial Hospital **06/2016-10/2016**
St. Baldrick's Foundation **03/2011-03/2020**
Annual participant in event to raise funds for pediatric cancer research grants. Founding member of Midwestern University event. Event Organizer for March 2018 and 2019 and Co-organizer for March 2016 and 2017 events in Columbus, GA.
Student Osteopathic Medical Association (SOMA) **08/2010-05/2014**
- *National Director of Public Relations.* *02/2012-03/2014*
- *Chapter Director-Political Affairs.* *03/2011-02/2012*
- *Chapter Committee Co-Chair-Political Affairs* *10/2010-03/2011*
- *Undergraduate Osteopathic Outreach* *10/2010, 04/2013*

Education Experience

Western University College of Osteopathic Medicine
Clinical Preceptor 01/2021-Present
Student Mentor 01/2023-Present
Midwestern University Mentorship Program. **06/2015-06/2020**
COMCoach **12/2012-05/2014**
Midwestern University. Helped first and second-year students attain specific goals related to academic performance and boards exam preparation.
Teaching Assistant **12/2011-03/2012**
Physiology-Midwestern University College of Health Sciences.
Tutoring **10/2011-05/2012**
Tutored first-year medical students in histology and anatomy. Midwestern University.

Research and Publication

Peer Reviewed Publications

1. **Beals TR**, Fernicola PJ, Flandry F. The utility of arthrobox training in arthroscopic skills development of orthopedic trainees. *Journal of the American Osteopathic Academy of Orthopedics*, 2022 Aug; 6(2): online
2. El-Gazzar Y, **Beals TR**, Davis E, Flandry F. Evaluation of rotator cuff augmentation of proximal humerus fracture fixation. *Journal of Surg Orth Advances*, 2022 Jul; 31(2):119-122.
3. **Beals TR,** Soares R, Briggs K, Philippon MJ. Ten-year outcomes after hip arthroscopy in patients with femoroacetabular impingement and borderline dysplasia. *Am J Sports Med*, 2022 Mar; 50(3): 739-745
4. **Beals TR,** Harris R, Auston DA. Articular incongruity in the lower extremity: How much is too much? *Orthop Clin North Am*. 2018 Apr;49(2):167-180.

Peer Reviewer

Journal of the American Osteopathic Academy of Orthopedics **10/2021-present**
Journal of Arthroplasty **07/2021-present**

Non-Peer Reviewed Publications

1. **Beals, T.** "Ice Skating Injuries." Hughston Health Alert. The Hughston Foundation, Jan. 2019
2. **Beals, T**. "Med Students Left out of Note-writing Process in Clerkships." The DO. American Osteopathic Association, 23 Aug. 2013. Web.
3. **Beals, T**. "National ShaDO Week: Schooling Premeds on Osteopathic Medicine." The DO. American Osteopathic Association, 3 Apr. 2014 Web.

Posters

1. **Beals T.** Occupational Radiation Exposure with Inverted C-arm Fluoroscopy. American Osteopathic Academy of Orthopedics, 10/2016
2. **Beals TR**, McGrory JE, Pahl DW.A Unique Lipomatous Lesion of the Thoracolumbar Spine. American Osteopathic Academy of Orthopedics, 10/2017

Unpublished and Ongoing Research

- "Short-term radiographic outcomes of a two-screw fixation technique in periacetabular osteotomy"
- "Spinopelvic Parameters in Outcomes of Anterior Total Hip Arthroplasty"
- "Endoscopic Proximal Hamstring Repairs for Retracted Tears"

Presentations

The Virtual Osteopathic Conference **02/14/2025**
"Knee and Hip Arthritis- Differential and Management Prior to Surgery"
Hughston Society **04/18/2024**
"Endoscopic Proximal Hamstring Repair"
The Virtual Osteopathic Conference **02/17/2023**
"Spinal Cord, Head, and Neck Injuries in Athletes"
Hughston Society **04/23/2022**
"Hip Arthroscopy in the Athlete"
American Academy of Orthopedic Surgeons, AAOS 2021 **09/03/2021**
"Minimum 10-year outcomes in borderline dysplasia treated with hip arthroscopy"
Hughston Clinic Grand Rounds **06/05/2019**
"Spinopelvic Dynamics in Hip Pathology"
Hughston Society **04/13/2019**
"Patient Height as a Risk Factor for Dislocation After Total Hip Arthroplasty"
Hughston Clinic Grand Rounds **10/03/2018**
"Ancient Hematoma, A Case Report and Literature Review"
Hughston Foundation Athletic Trainers Continuing Education Conference **11/18/2017**
"Laceration Management and Suturing Workshop"
"Splinting and Casting Basics and Workshop"
American Osteopathic Assn OMED National Conference **10/07/2017**
"Building and Managing Your Curriculum Vitae."(Repeat program by request)

Presentations (cont.)

Hughston Clinic Grand Rounds **07/12/2017**
"A Unique Lipomatous Lesion of the Thoracolumbar Spine"

Student Osteopathic Medicine Assn. (SOMA), Spring Convention **03/08/2014**
"Laceration Management and Suturing Workshop" (Repeat program by request)
"Building and Managing Your Curriculum Vitae" (Repeat program by request)

SOMA, Fall Convention **09/28/2013**
"Laceration Management and Suturing Workshop"
"Building and Managing Your Curriculum Vitae" (Repeat program by request)

SOMA, Spring Convention **03/15/2013**
"Building and Managing Your Curriculum Vitae"

Extracurricular Activities

Ice Hockey, Snowboarding, Cooking, Karaoke