

Curriculum Vitae

Joseph C. Schaffer, MD, FAAOS

Hughston Clinic Orthopaedics at Harding Place
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Phone: (615) 834-4482

Education

- M.D. **University of Virginia School of Medicine**, 2013
B.S. **Virginia Tech**, Ocean Engineering, *summa cum laude*, Virginia Tech, 2008
B.A. **Virginia Tech**, History, *summa cum laude*, Virginia Tech, 2008

Training

- Sports Medicine Fellowship Program:** University of Rochester Medical Center, Rochester, NY
8/2018 – 7/2019 Program Director: Michael D. Maloney, M.D.
Orthopaedic Surgery Residency Program: University of Rochester Medical Center, Rochester, NY
6/2013 – 6/2018 Program Director: John T. Gorczyca, M.D.

Certifications and Licensure

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| American Board of Orthopaedic Surgery – Sports Medicine Subspecialty Certification | 2023 |
| American Board of Orthopaedic Surgery - Board Certified | 2021 |
| Tennessee State Medical License | 2019 |
| USMLE | 2013 |

Professional Experience

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| Orthopaedic Surgeon, Hughston Clinic Orthopaedics, Nashville, TN | 2019 - Present |
| • Specializing in Sports Medicine and Shoulder Reconstruction | |
| Naval Architect, Department of the Navy, NAVSEA HQ, DC | 2008 - 2009 |
| • Practiced engineering in ship design, development and program management | |

Affiliations/Memberships

- | | |
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| American Academy of Orthopaedic Surgeons, Active Fellow | 2013 - Present |
| American Orthopaedic Society for Sports Medicine | 2016 - Present |

Professional Service

- | | |
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| Premier Orthopaedic Surgery Center, Medical Executive Committee | 2021 - Present |
| TriStar Southern Hills Medical Center Surgical Advisory Committee | 2021 - Present |

Awards and Honors

American Orthopaedic Association, Resident Leadership Forum	2017
Alpha Omega Alpha	inducted 2012
Phi Beta Kappa	inducted 2008
Tau Beta Pi	inducted 2006

Athletic Team Coverage

Valor Collegiate Academies	2019 - present
Rochester Red Wings Baseball (AAA)	2018 - 2019
St. John Fisher College Athletics	2018 - 2019
United States Ski and Snowboard Association (USSA)	2019
United States Tennis Association (USTA) Pro Circuit Futures	2019
Greater Rochester Area High School Football	2014 - 2017
Rochester Rhinos Soccer Team (United Soccer League)	2016 - 2017
Nazareth Collegiate Hockey (NCAA Division III)	2017 - 2018

Academic Activities

American Journal of Sports Medicine, Reviewer	2019 - present
Didactic Lecture and Physical Exam Workshop, HCA Southern Hills Medical Center Family Medicine Residency Program	February 2022
Member, Graduate Medical Education Committee, URMC	2015 - 2018
Working Group Member, ACGME CLER Working Group on Professionalism, URMC	2016 - 2017
Resident Educator, Orthopaedic Medical Student interest group surgical skills lab, University of Rochester School of Medicine	2016
Resident Educator, First and Second Year Medical Student PCC and SCOPE education series, Musculoskeletal Curriculum, University of Rochester School of Medicine	2015
Student Educator, Anatomy Lab UVA	

Speaking Engagements

Guest Lecturer, "Managing the Worker's Injured Knee," Corvel Corporation Nurse Case Managers Lunch Talk	July 14, 2022
Guest Lecturer, "Managing the Worker's Injured Shoulder," Mid-South Worker's Compensation Association	January 19, 2022

Panelist and Lecturer, “Work-Related Rotator Cuff & Labral Tears,”
Wright Rehabilitation Services June 24, 2020

Guest Lecturer, “Labral and Rotator Cuff Injuries In Worker’s
Compensation,” Mid-South Worker’s Compensation Association June 17, 2020

Publications

Peer Reviewed Journal Articles

Schaffer JC, Kuhns B, Reuter J, Sholtis C, Karnyski S, Goldblatt J, Bronstein R, Maloney M, Baumhauer J, Mannava S. Clinically Depressed Patients Having ACL Reconstruction Show Improved but Inferior Rate of Achieving MCID for PROMIS Compared With Situationally Depressed or Non-Depressed Patients. *Arthroscopy*. Available online 2022 May 10.

Schaffer JC, Vasconcellos D, Kelly M, Kaplan NB, Noorullah M, Olles M, Elfar JC, Giordano BD. The Effect of Arthroscopic Capsulotomy and Repair on Hip Joint Contact Forces Using a Non-destructive Extra-articular Method. *Journal of Hip Preservation Surgery*. 2019 June 23.

Maloney M, **Schaffer JC**, Kenney RJ. Arthroscopic Posterior Glenohumeral Capsular Augmentation with Gracilis Tendon Allograft. *Arthrosc Tech*. 2019 Oct; 8(11):e1277-e1282.

Strong B, Maloney M, Baumhauer J, **Schaffer J**, Houck JR, Hung M, Bounsanga J, Voss MW, Gu Y, Voloshin I. Psychometric evaluation of the Patient-Reported Outcomes Measurement Information System (PROMIS) Physical Function and Pain Interference Computer Adaptive Test for subacromial impingement syndrome. *J Shoulder Elbow Surg*. 2019 Feb; 28(2):324-329.

Bronstein RD, **Schaffer JC**. Response to “Patellofemoral Syndrome’ is not a diagnosis”. [Letter to the editor]. *J Am Acad Orthop Surg*. 2017 Oct; 25(10):e243.

Bronstein RD, **Schaffer JC**. Physical Examination of the Knee: Meniscus, Cartilage, and Patellofemoral Conditions. *J Am Acad Orthop Surg*. 2017 May; 25(5):365-374.

Bronstein RD, **Schaffer JC**. Physical Examination of Knee Ligament Injuries. *J Am Acad Orthop Surg*. 2017 Apr; 25(4):280-287.

Lee D, **Schaffer J**, Chen T, Oh I. Internal Versus External Fixation of Charcot Midfoot Deformity Realignment. *Orthopedics*. 2016 June 3:1-7.

Schaffer JC, Raudenbush BL, Molinari C, Molinari R. Symptomatic Triple Region Spinal Stenosis Treated with Simultaneous Surgery: Case Report and Review of the Literature. *Global Spine J*. 2015 Dec; 5(6): 513-521.

Schaffer JC, Adib F, Cui Q. Intraoperative fat embolism during core decompression and bone grafting for osteonecrosis of the hip: report of 3 cases and literature review. *Am J Orthop* (Belle Mead NJ). 2014 Jun;43(6):275-9.

Abstracts/Posters/Presentations

Schaffer JC, Kuhns B, Reuter J, Sholtis C, Goldblatt J, Bronstein R, Maloney M, Baumhauer J, Mannava S. The Effect of Depression on Patient Reported Outcomes Measurement and Information System Computer Adaptive Test (PROMIS-CAT) scores and Return-to-Sport following ACL Reconstruction. Abstract and Poster Presentation: AOSSM 2020 Annual Meeting, July 9-12; Seattle, WA.

Schaffer JC, Vasconcellos D, Kaplan N, Maqsoodi N, Olles M, Elfar J, Giordano B. Effect of Hip Capsulotomy and Repair on Hip Joint Contact Forces Using a Non-Destructive Method. **Podium presentation:** AAOS 2018 Annual Meeting, March 8; New Orleans, LA.

Schaffer JC, Vasconcellos D, Kaplan N, Maqsoodi N, Olles M, Elfar J, Giordano B. Radiographic Validation of a Non-invasive Method of Measuring Hip Joint Reaction Force Using a Cartilage Relaxation Technique. Abstract and Poster presentation: AOSSM 2017 Annual Meeting, July 20-23; Toronto, ON.

Strong B, **Schaffer JC**, Kenney R, Hedgecock J, Nicandri G, Maloney M, Voloshin I. Comparison of Patient Reported Outcomes using a Disease Specific and Non-Disease Specific Instrument (PROMIS) in Patients with Shoulder Pain. Abstract and e-Poster: ASES 2016 Closed Meeting, October 6-9; Boston, MA. E-poster presentation: AOA 2017 Annual Meeting, June 20-24; Charlotte, NC. Poster presentation at AAOS 2017 Annual Meeting, March 14-18; San Diego, CA.

Mason RC, Caldwell M, **Schaffer JC**, Vasconcellos D, Osman WS, Olles M, Elfar JC. Effect of increased radial head implant length on ulnohumeral joint reaction forces using an extra-articular method. Paper Presentation: AAOS 2016 Annual Meeting, March 4; Orlando, FL.

Schaffer JC, Bloxom A, Donnelly D, Gonsoulin C, Loyer K, Scott B. CG(X)BMD – Ballistic Missile Defense Cruiser. Oral Presentation presented at: SNAME Chesapeake Section/ASNE Flagship Section Meeting, Annual Student Presentation Event; 2008 April; Washington, DC.

Hobbies and Interests

Recreational ice hockey, running, scuba diving, waterskiing, cooking, travel, and time with my wife and sons.